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**ECUADORIAN COOKING CLASS & LOCAL FRUIT MARKET TASTE**  
Half day

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**Duration:** 4 hours

**Pick up time:** 10:00 am

**Itinerary:**

Learn how to prepare authentic Ecuadorian food during a cooking class in Quito. An expert cook will lead you through a local market that overflows with unfamiliar fruits and vegetables, hyperlocal cheeses, and more types of vegetables than you can shake a stick at. Discover the traditional flavors used in Ecuadorian cuisine and enjoy a hands-on culinary experience where you will prepare a delicious 3-course lunch.

**Include:**

- Pick up/drop off hotel
- Certified Spanish / English speaking professional cook
- Menu lunch – 3 courses
- Hotel pick up / drop off in Quito
- Fruit tasting in the local market
- Cooking lessons with a professional cook

**Not Include:**

- Personal expenses
- Travel insurance
- Tips